



SPIRIT-LED
ENTREPRENEUR
FREE GIFT



WEEKLY PLANNING RITUAL

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HI, I'M LAURA

Dear Spirit-led Entrepreneur

Welcome to your planning ritual.

As a sensitive entrepreneur, you have likely realized that the traditional, "Power-Over" business model of relentless hustle, force, and accumulation simply does not work for your nervous system. You aren't lacking ambition; you are just operating on a different energetic frequency.

True spiritual leadership doesn't require a rigid five-year plan. Instead of trying to control the future, your ultimate business security comes from trusting the "breadcrumbs" of your intuition and operating on "Just-in-Time" economics—knowing the exact right step will be revealed exactly when you need it.

At the beginning of each week, perform the following spirit-led business planning ritual to bypass the noise of the world and tap directly into your highest guidance.

READY AND GO



Step 1: Set the Container

- **Light a candle** to signal to your nervous system that you are shifting from "doing" into "listening." Ask your guides and your Higher Self to join you in the space.
- **Review the previous week's goals, plans, and results.** Notice what felt aligned and what felt like forced "hustle."
- **Close your eyes and take three deep, clarifying breaths,** anchoring yourself firmly into your physical body.

Step 2: The Weekly Energetic Forecast

- Shuffle your favorite oracle or tarot deck while asking your guides to describe the upcoming week's energetic forecast.
- Draw 4 cards and lay them out to read the results:
 - **Card 1** is your Anchor Card. This is the overarching theme or the direct answer to your question about the week ahead.
 - **Cards 2, 3, and 4** are your Clarifiers. Each of these cards informs the anchor card, revealing the specific nuances of the week's energy and how it might manifest in your inner and outer world.

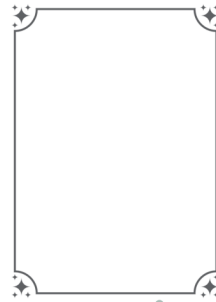
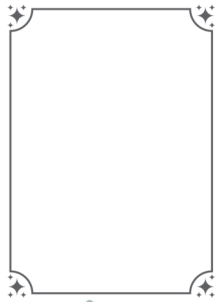
Step 3: Align Your Action

- Allow the reading to inform and prioritize your plans and goals for the week. Where is Spirit asking you to push forward, and where is it asking you to rest?
- If you find yourself in doubt about a specific decision, **use a pendulum or draw from another deck** to clarify your plans.

Step 4: Meditate and Move

- Spend **5 to 10 minutes in silent meditation**, officially setting your intentions for the week ahead.
- When you feel grounded, clear, and ready, **blow out the candle and get to work!**

JOURNALING:



Clarifier Cards

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Honor the process