

Dear Spirit-led Entrepreneur

Welcome to your planning ritual. Here are the instructions for spirit-led business planning.

At the beginning of each week perform the following ritual:

- Light a candle and ask your guides to join you.
- Review the previous week's goals/plans/results.
- Close your eyes and take three deep clarifying breaths.
- Shuffle your oracle deck while asking your guides to describe the upcoming week's energetic forecast.

Draw 4 cards and read the results

* Card 1 is the anchor card and the answer to your question.

- * Cards 2-4 each inform and clarify the anchor card and reveal the week's energy
- Now allow the reading to inform and prioritize your plans and goals for the week.
- When you are in doubt, use a pendulum or another deck to clarify your plans.
- Spend 5 - 10 minutes in meditation setting the intentions for your week.

Blow out the candle and get to work!

The Vital Spirit

Healing trauma. Honoring sensitivity. Living aligned.

